

ORAL SEX

Sex that involves your mouth or tongue touching another person's vulva, vagina, penis, or anus (butt) **OR** another person's mouth or tongue touching your vulva, vagina, penis, or anus (butt).

NOTE ON LANGUAGE: In order to be as clear as possible, we use the medical terms associated with people's body parts. We understand that these may not be the words you use for your body or the words that best describe you.

You decide if you want to have oral sex. Checking in with your partner to make sure you are both ok with what is about to happen is an important part of having great sex!

IT'S UP TO YOU.

CAN I GET STDs FROM ORAL SEX? **YES.**

WITH VULVAS AND BUTTS

Use a dental dam, plastic wrap, or an external condom cut the long way (to cover your vulva or anus or someone else's) when engaging in oral sex to protect yourself from STDs.

Placing a small amount of lube under the barrier can make using dental dams or plastic wrap more pleasurable for the person receiving oral sex.

Dental dams, plastic wrap, and external condoms cut into a rectangle should only be used one time with one person.

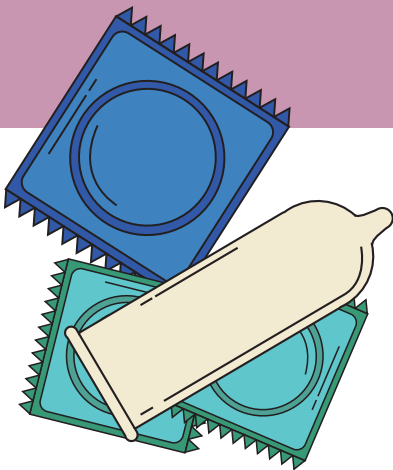


WITH PENISES

Using a non-lubricated external condom (on your penis or someone else's) when engaging in oral sex is the best way to protect yourself from STDs.

There are many kinds of non-lubricated or flavored external condoms that you can try in order to increase pleasure for those giving and receiving oral sex.

External condoms should only be used one time with one person.



GET TESTED.

When getting an STD test, it's important to get tested in all the places on your body you are having sex. Talk to the person who is doing your testing about the types of sex you are having so you can get all the tests you need to keep yourself and your partners safe.

SOURCES

STD Risk and Oral Sex - CDC Fact Sheet
Available at <http://www.cdc.gov/std/healthcomm/stdfact-stdriskandoralsex.html>
Safer Sex for Trans Bodies
Available at <http://www.hrc.org/resources/safer-sex-for-trans-bodies>



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